



CHRIST NAGAR COLLEGE

MARANALLOOR, TRIVANDRUM

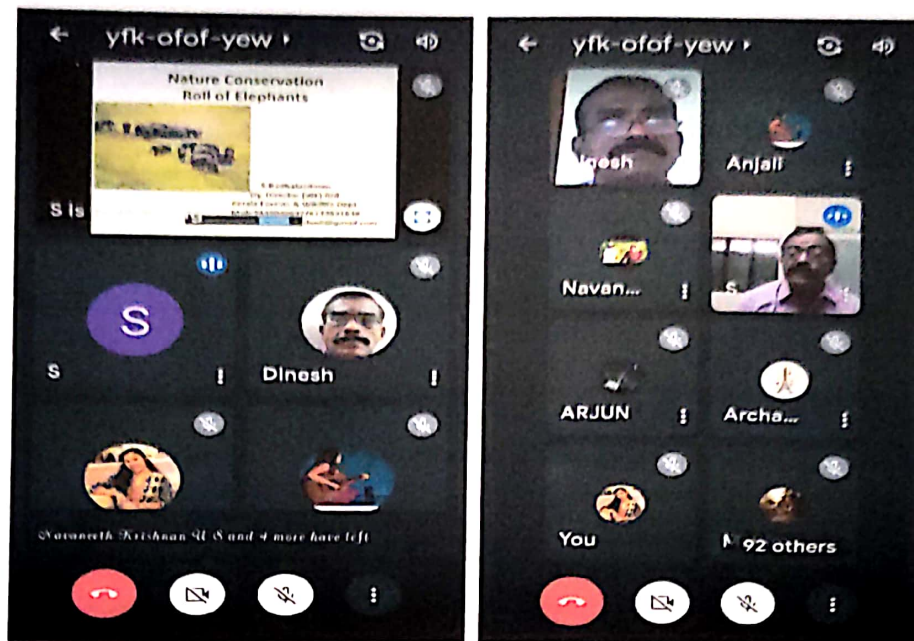
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NSS ANNUAL REPORT

2021-2022

Report on Webinar "Nature Conservation and the Importance of Elephants".

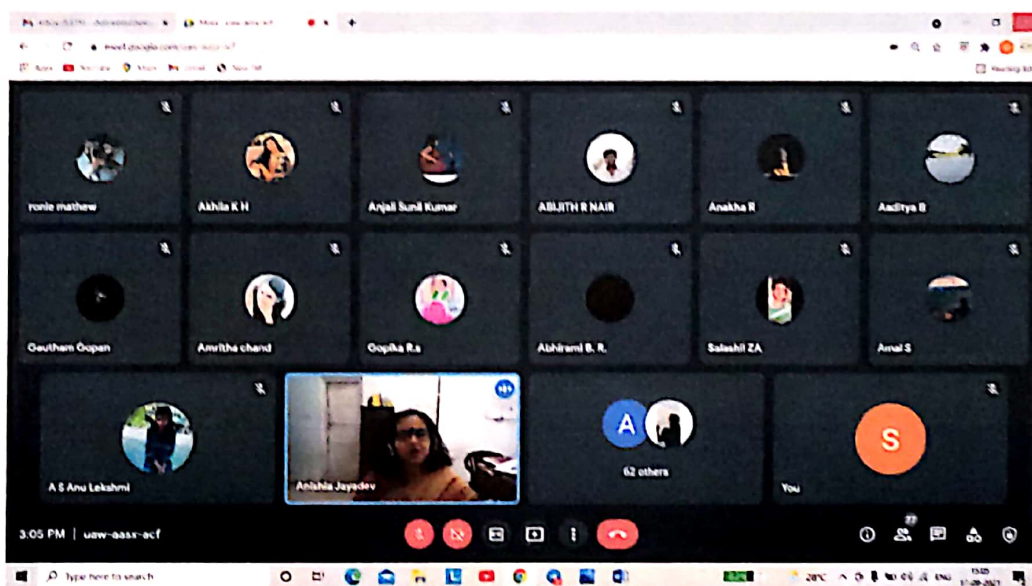
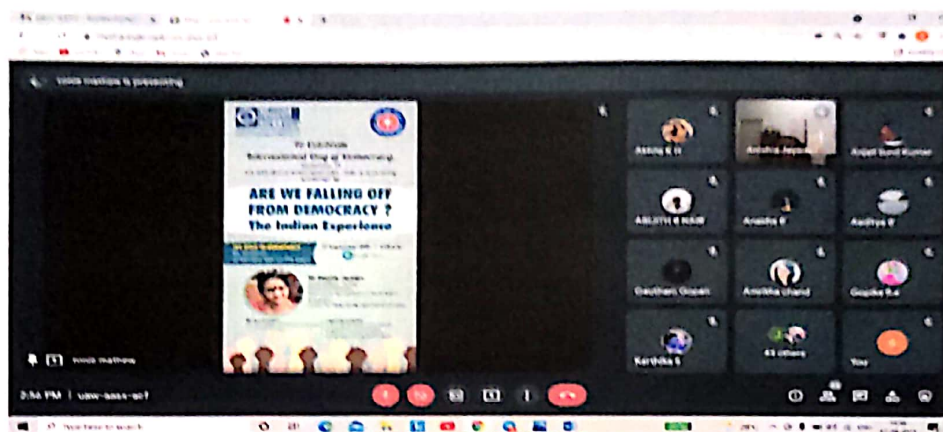
On 12th August 2021, as part of celebrating World Elephant Day, the NSS Unit and the IQAC of Christ Nagar College in association with Kerala Forest and Wildlife Department Social Forestry Extension Unit Kollam, conducted a webinar on the topic "Nature Conservation and the Importance of Elephants ". The webinar was conducted through online platform Google Meet and it got started at sharp 5.00pm. The webinar was inaugurated by Sri. Dinesh S, Assistant Conservator of Forests and the main resource person was Sri. S Radhakrishnan, Deputy Director Wildlife Education (Rtd). The webinar started on time and the chief guests were so amazed to see the students who joined the meeting on time and congratulated them. The meeting started with Akhila K H, student coordinator by introducing and welcoming everyone. About 100 students participated in this webinar. Firstly, Sri. Dinesh S sir inaugurated the programme by giving a small description about the Forest, Nature Conservation and the importance of preserving nature and elephants. Then, Sri. Radhakrishnan sir briefly explained about Biodiversity, Balance of Ecosystem, Features, Role, Importance and Issues faced by Elephants. Sir explained everything with a beautiful presentation showing wildlife pictures too. Soon after the session, some of the students cleared their doubts on wildlife. With Anjali Sunil Kumar's vote of thanks, the event came to an end. The people from the outside community were also invited for the programme. The of panel experts congratulated the NSS team for ensuring maximum participants including people from the local community. The participants include students, teachers, parents and the people from local community etc. The NSS programme officers Mr Rony Thomas Mathew and Ms Shameema R and also the IQAC coordinator Mrs Parvathy were present throughout the session. Feedback forms were given. Also E-certificates were provided to all those who participated in the webinar.



Report on Webinar "ARE WE FALLING OFF FROM DEMOCRACY? The Indian Experience".

The Online Activities of NSS Unit is incredibly moving forward through thoughtful and amazing webinars. On 17th of September, 2021 the webinar "ARE WE FALLING OFF FROM DEMOCRACY? The Indian Experience" which is a useful and relevant topic was organised by the NSS Unit in association with IQAC of Christ Nagar College, Maranalloor in connection with the celebration of International Day of Democracy. The webinar had its platform through Google Meet and started at 3 pm. The resource person for the webinar was Dr. Anishia Jayadev, Asst. Professor, Institute of Management in Government. The programme officers Mr Rony and Ms Shameema R, the IQAC Coordinator Mrs Parvathy were present throughout the session. The webinar started on time with the student coordinator Akhila K H by introducing and welcoming everyone. About 80 active NSS Volunteers joined the programme. The resource person who has engaged in various fields started with the relevance of celebrating International Day of Democracy and gave a detailed information about the basic conditions for having democracy. She also went through the challenges faced by the Indian Democracy. She concluded with the main focus of democracy - the people and the power. After the session, the

student coordinator announced the winner of the competition which was conducted by the unit for the volunteers to speak about the topic "My Role in Democracy". The winner was Aparna R Nair from S2 B Com Tax. The session came to an end with Anjali Sunilkumar's vote of thanks. Feedback form was given and later E-certificates were distributed to all those who participated in the webinar.



World Nature Day Celebration – “Naleyum Thalirthidan”

As part of World Nature Day, NSS Volunteers of Christ Nagar College, Maranalloor in association with IQAC conducted a programme of planting trees in college. The World Nature Conservation Day is observed annually on July 28. Due to COVID-19 pandemic, the programme was not able to be conducted on the correct date. But on behalf of Gandhi Jayanti

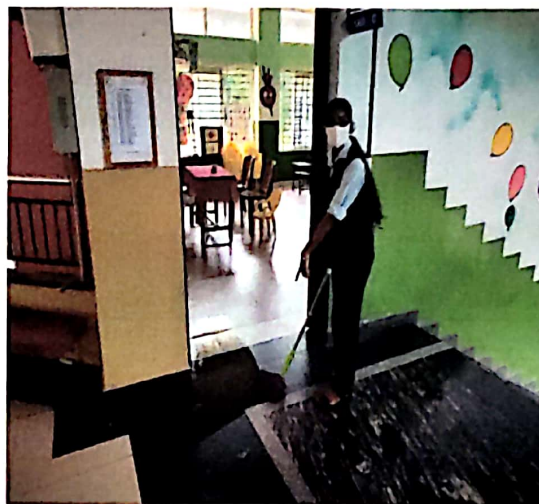
celebrations, the programme was conducted on October 1, 2021. Active participation of 20 volunteers were seen. Student Coordinator Akhila welcomed the gathering. The College Manager and Director - Fr. Dr. Titto Varghese CMI inaugurated the programme by planting a sapling. He talked about the importance of our nature and also shared about the new venture of Miyawaki forest which has already started in our college. The NSS Programme Officers – Mr Rony Thomas Mathew and Ms Shameema.R were present along with IQAC Coordinator Parvathy ma'am. The other volunteers also planted and watered the saplings. As part of this programme, an online competition was conducted for providing apt title for this event. Many volunteers actively participated for the competition. The winner's name was announced at the end of this event. The winner of title competition was Zohan Binoj from S5 BJMC and the winning title was 'നാളെയും തളിർത്തിടാൻ...'



CLASS ROOM SANITISATION PROGRAMME

Gandhi Jayanthi is celebrated annually on 2nd October. As part of Gandhi Jayanthi Celebrations 2021, National Service Scheme of Christ Nagar College in association with IQAC arranged several programmes for the volunteers. On October 1, 2021 programmes were conducted in the college. Firstly, Covid Protocol Duty at the college campus was done by the volunteers. Volunteers assisted the new joinces to the college campus and classrooms for their exam. As part of Gandhi Jayanthi, volunteers cleaned and sanitized the college campus and

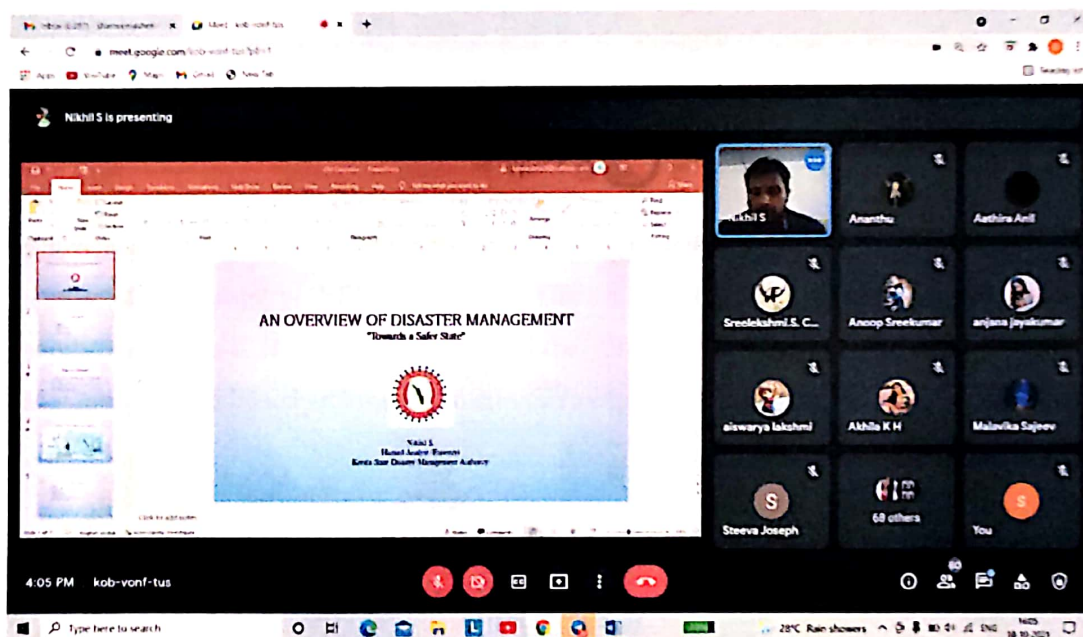
classrooms. NSS programme officer Rony Thomas Mathew sir was actively involved for the programme. Volunteers cleaned and sanitized each classroom as well as the campus too. Some online competitions were also conducted regarding the celebrations. Online competitions conducted were Poster Making/Slogan Designing and Cleaning Drive- cleaning begins from home. Winners were announced that day. Winner of Poster Making was Abhin Sreekumar from S2 Bcom CA and winner of Cleaning Drive was Aiswarya Lakshmi P S from S5 Bcom Tax. Winners were awarded with certificates. As an outreach programme, NSS unit conducted a cleaning drive and classroomsanitisation at Christ Nagar Public School, Maranalloor prior to reopening of schools after Covid lockdown. 30 volunteers were participated under the guidance and leadership of Mr RonyThomas Mathew, the NSS Programme Officer.

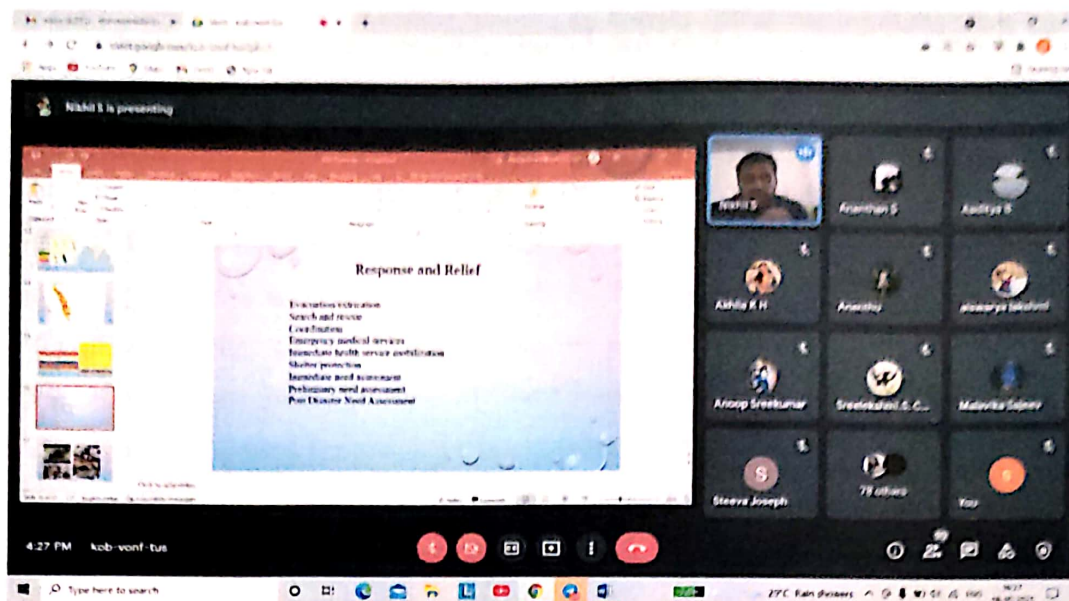


Report on Webinar "An Overview on Disaster Management"

Nowadays, disasters occur continuously in our State. Awareness on Disaster Management was one of the most essential thing to be done. In connection with International Day for Disaster Risk Reduction which is observed on October 13th of every year, NSS Unit of Christ Nagar College Maranalloor and IQAC organized a webinar in association with Kerala State Disaster Management Authority (KSDMA) on the topic "An Overview on Disaster Management". The webinar was conducted on October 18th, 2021 at 4pm through Google Meet. The resource person was Mr.Nikhil S, working as Hazard Analyst in KSDMA. The programme officers Mr Rony and Shameema Ma'am, the IQAC Coordinator Mrs Parvathy were present throughout the session. The webinar started on time with the student coordinator Akhila K H by

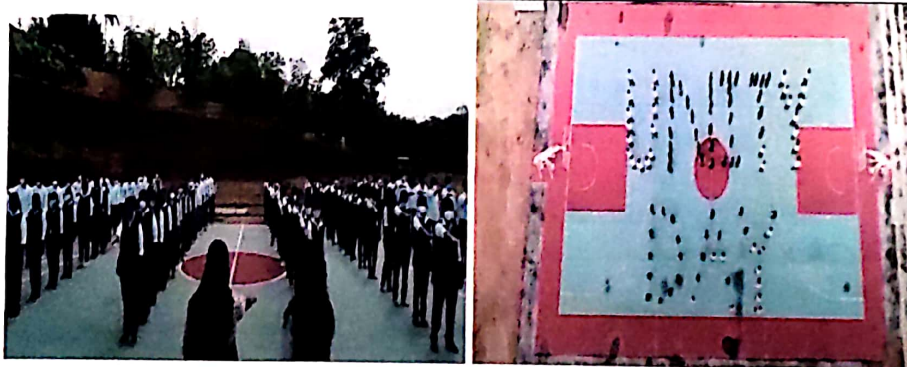
introducing and welcoming everyone. About 80 active NSS Volunteers joined the programme. The resource person started with the aim of the webinar to promote a global culture of risk awareness and disaster reduction. He is a Post Graduate in Forestry and has a great work experience with Kerala Forest Department. He went through the importance of protecting environment and the reasons of continuous disasters. The session was very interesting as it was so relevant since our state was going through flood issues during those days. The people from the outside community were also invited for the programme. The resource person appreciated the NSS team for ensuring the participation of people from local community and representatives of different social service groups also. In his opinion his session will be helpful to not only the students but also individuals from the different sections of the society who are capable enough to deal with disaster management. The participants include students, teachers, parents, the people from local community and various social service groups etc. The session came to an end with Ananthu from S2 PCA proposing the vote of thanks. Feedback form link was given and later E-certificates were distributed to all those who participated in the webinar.





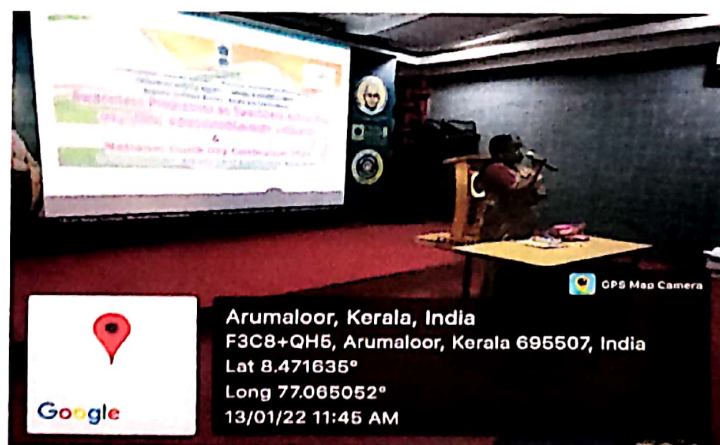
Unity Day Pledge 2021

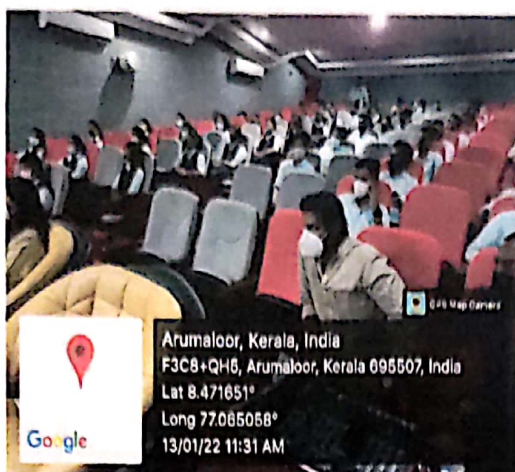
As part of observing International Unity Day on October 31 every year, NSS Unit of Christ Nagar College, Maranalloor in association with IQAC arranged an event at the college campus. The event was conducted on 2nd November, 2021. About 150 active volunteers participated. The NSS Volunteers were assembled in the college ground and took pledge. The occasion of celebrating unity day provides us an opportunity to re-affirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity and security of our country. NSS Programme Officer Ms Shameema.R along with student coordinator Akhila K H pledged the oath and the volunteers followed it. The event was shot and it turned out to be a delightful and memorable experience for everyone.



SWATCHATHA ACTION PLAN AWARENESS PROGRAM

On 13th February 2022, An awareness program Swatchatha Action Plan was conducted by the NSS unit in Christ Nagar College, Maranalloor. The aim of the camp was to educate the youth and bring awareness about reducing waste and finding alternatives for plastic products. The program started with a beautiful prayer song and a welcome speech by the first year NSS students. Mrs. Jolly Jacob, principal of Christ Nagar College addressed the gathering and welcomed all the guests. The program became grander with the presence of honourable guests like K. A Beena, Deputy director and Dr. Neethu Sona IIS, the Joint director of Regional Outreach Bureau. The crowd was also addressed by Ms. Sujatha and Ms. Seena from the NGO 'Zero waste'. The students were lucky to be part of a wonderful session given by Mrs. K.A Beena. She taught about the importance of using things only according to our needs to avoid unnecessary wastes. She made the program very interactive by teaching students to make their own pen with magazine papers which is completely organic. Students volunteered and made their own pens. She created awareness about the importance of a greener Earth. All the students received the items to make their own pens at their houses. The students enjoyed the session as it was both informative and interactive. The program was conducted by strictly following all the covid protocols for the safety each and every citizen.

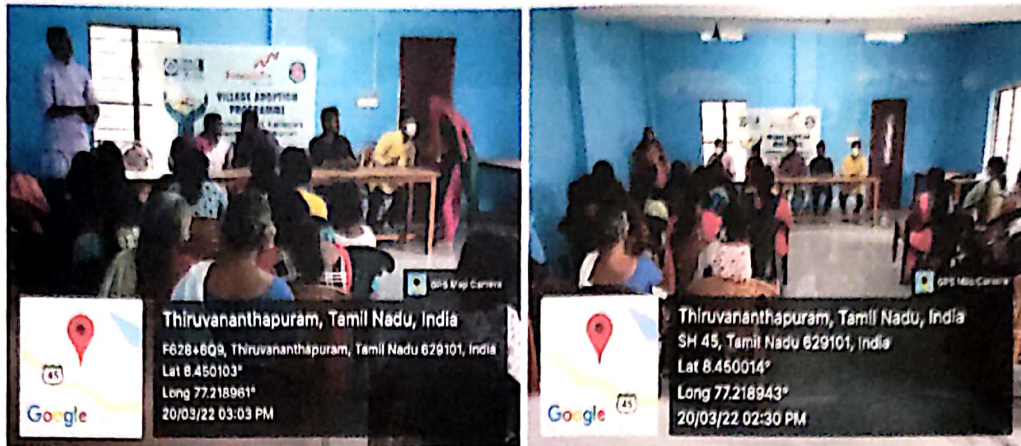




Village Adoption Programme – Inauguration

On 20 march 2022, the formal inauguration of Village Adoption programme has been conducted at the community hall Kathippara. The programme was blessed with the presence number of important dignitaries. The meeting was presided over by the college manager Fr. Dr Titto Varghese CMI. The official inagura6tion was done by Fr Santhosh Kayyalaparambil CMI. The Kathgippara ward councilor Ms. Jayanti, NSS programme officer Mrr. Rony Thomas Mathew, NSS students coordinator Mr Mahadevan RK were also present at the meeting. Around 60 peoples residing at the Kathippara village participated in the inaugural function. During the presidential address Fr ,Dr Titto Varghese CMI explained the objectives behind the village adoption programme and reason behind selecting Kathippara village for adoption by the college. The programme was concluded with the vote of thanks by Ms, Shameema R , the NSS programme officer. Tea a and snacks were distributed after the official meeting. After the official meeting an open forum was conducted.





VILLAGE ADOPTION PROGRAMME - DONATING BOOKS

On 19th March 2022, As part of Village adoption scheme, we left the college campus by 7.15 am and we reached Netta by 8.30 am. Then we had the breakfast from there. After that we visited St. Thomas school Netta. we were welcomed by Santhosh father, the school HM and the principal. A speech was delivered by our college manager Rev father Dr.Titto Varghese, our program officer Mr Rony Thomas Mathew and student coordinator Sri Mahadevan. Motivation classes, Gaming sessions and various other activities were given to the students. It was best experience to all the volunteers. We have donated upto 210 books to the library of the school. We also provided food to the students and also engage them with providing so many tasks, crafts making sessions and school campus cleaning activities are done there.





SOCIAL SURVEY – AT KATHIPPARA VILLEGE

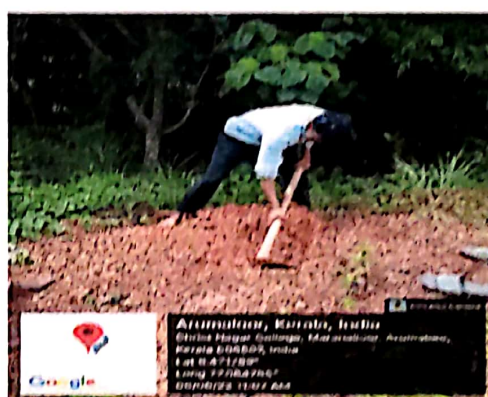
20th March 2022, a social survey was conducted at the Kathippara village as part of the village adoption programme administered by the Christ Nagar college. the survey was conducted to identify the various social and individual needs of the people residing at Kathippara. The questionnaire was based on various social, physiological and psychological needs of the people of Kathippara . the objective of the survey is to frame out an action plan for the next 5 years of activities at Kathippara village. The NSS volunteers got a warm welcome at each houses. The questions were asked by the NSS volunteers to the households and they responded accordingly. The survey covered 100 houses at Kathippara village. All the supports were offered by the ward member Ms. Janathi and the Asha workers of Kathippara were the support system for conducting the survey. Mr. Rony Thomas Mathew and Ms. Shameema R, the NSS prgramme officers are given guidance and directions to the volunteers throughout the survey.





WORLD ENVIRONMENT DAY

On 6th June 2022, the NSS unit celebrated world Environment day. The programme named as 'Inlyum Thallirakkan'. College principal Dr Jolly Jacob inaugurated the programme and delivered the environment day message. To spread the environment day message, Tree saplings were planted by the principal, teachers and NSS volunteers at the college campus. The NSS programme officer Ms Shameema R administered the environment day pledge by the NSS volunteers. As part of the programme the NSS volunteers distributed plant saplings at the local communities residing near the college campus. As per the request of the local administration The NSS volunteers assured their service for the maintenance of plants and trees in the public places, in and around Maranalloor Village on the world environment day 2022. The programme concluded with the vote of thanks by the NSS volunteer Ms. Aziya Sha.



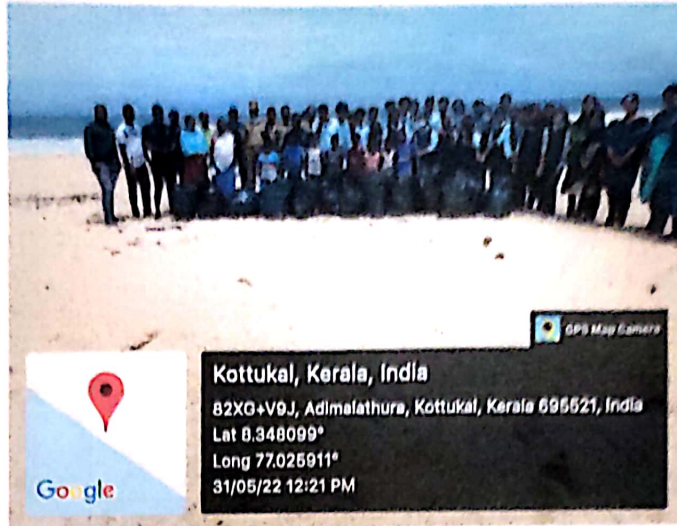


BEACH CLEANING

On 31st June 2022, A beach cleaning programme was conducted by the NSS Unit, nature club and the science club of Christ Nagar College, Maranalloor as part of Biological day and Environment day. The programme was aimed to give awareness about the demerits of plastic usage and also its role in creating marine pollution. The whole programme was conducted at the 9th ward of Kottukal Panchayath, Amabalathmoola near to the shores of Adimalathura. The students of all the 3 clubs together had an active participation and gave their maximum effort in this cleaning programme. The programme was coordinated by Mr. Rony Thomas Mathew (NSS Coordinator of Christ Nagar College, Maranalloor), Ms. Shameema R (NSS Coordinator of Christ Nagar College, Maranalloor), Dr. Shanandh K P, Dr. Anitha V S, Ms. Thasni S, Ms. Parvathy M S, Mr. Rajesh Kumar R and Ms. Gopika P. The Welcome speech was delivered by the student coordinator Ms Aziya sha, the gathering was addressed Asha B, Ward Member of Kottukal Panchayath and the programme was inaugurated by Sub Inspector Padmakumar G S of Vizhinjam Coastal Police Station. ASI Ajaykumar, ASI Simon Joosa, ASI Binu, CPO Prasoon, Ratheesh, Mahesh and Sujesh were also there for assisting this programme. Along with these officers our teachers and coordinators also helped us tremendously for waste

collection. Mr.D Christhudas, Mr. Selbet, Mr. Sumith, Mr. Thadeus and the children about the age of 4-7 from this ward also contributed their efforts for this programme. The police officers from Vizhinjam Coastal Police Station were so interactive and guided us in a virtuous way. We collected around 20 bags of wastes. Even in the burning sun, all the members participated in the waste collection programme with great dedication and enthusiasm. It was a proud moment for us Christnagarians when the little children of that community were motivated and came up to lend a helping hand for us to clean the beach . The vote of thanks was delivered by Mr. Rony Thomas Mathew (NSS Coordinator of Christ Nagar College, Maranalloor) . The students of NSS, Nature and Science Club were in full spirit so that the cleaning process was completed in a quick span of time. The students had a very good experience from this programme and also had awareness about marine pollution. Hope our small initiative will be a great influence and a success in the future generations.





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NSS PROGRAMME OFFICER
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